







2023 Competition Pance

2022-23 COMPETITION SCHEDULE

Tue, Nov 22	7 PM	@ Hopkins	Jazz
Thu, Dec 1	7 PM	@ Minnetonka	Kick
Thu, Dec 8	7 PM	@ Wayzata	Jazz
Thu, Dec 15	7 PM	@ Buffalo	Kick
Thu, Jan 5	7 PM	@ Eden Prairie	Jazz
Thu, Jan 12	7 PM	@ STMA	Kick
Sat, Feb 4	SECTIO	ONS	
Sat, Feb 18	MSHSL STATE COMPETITION		



FOLLOW US AT:

@MDTskipperettes

minnetonkaskipperettes

MINNETONKA HIGH SCHOOL

Superintendent: David Law

Principal: Jeff Erickson **AD:** Ted Schultz

Nickname: Skippers

Colors: Royal Blue and White **Song:** Go, Skippers, Go

Section: 2AAA

PROGRAM DESIGN/LAYOUT BY:

Lisa Wandrei

Communications Specialist,

MHS Actvities





Greetings MDT Dancers, Families and Fans!

Another successful season is almost in the books! We are so proud of our dancers for growing so much the past few months and making this season one to remember. These girls are the reason why us coaches love what we do!

Girls – Your commitment and hard work inspire us coaches every day. This team is an example of how working through adversity builds a strong and high-spirited team. You consistently have each other's backs, show a positive attitude and give 110% in everything you do. We can't say it enough: we are SO proud of you!

Boosters and parents - Thank you for coordinating the fundraising and behind-thescenes details that make each dancer feel special. Your presence and spirit at our performances means the world to them. Your pride in your dancer and our entire team is evident in everything you do!

Seniors – It has been a pleasure coaching you and watching you grow over the years. Your friendships have developed into such a tight group with a special bond. You are true role models to the future of this team. We will miss you and wish you the best of luck in all you do!

Andrea McGuire Head Coach, MDT Skipperettes



COACHING STAFF

Megan Schuler, Andrea McGuire, Emily Hanson, Alex Rochelle, Halle Wheatley, Lexis Samuelson, Lily O'Brien



TEAM MANAGER Babs Bailey

MHS senior Babs Bailey celebrates her 4th year as team manager for the Skipperettes. She is an important part of our team. She supports each dancer and coach with a positive mindset and attitude.

When asked what she loves most about being team manager, Babs replied, "getting to spend every day with my best friends and getting to know each coach. I'm glad I got the opportunity to be a part of the Skipperettes team four years ago."



Dear Skipperettes,

We feel so fortunate to be chosen as Captains for this 2022-23 season. It has been such a fun year and it has been an honor to be your captains and to lead such an amazing group of girls. This has been the most incredible season and we are beyond proud of every single one of you.

It has been an exciting year and we have enjoyed every single moment: from the bus rides, to the long Saturday practices, to the pasta Ds. We are thankful for each and every one of you who have made this season possible.

We have been so impressed with everyone's growth and mindset this year. We've set big goals and we are making great progress. We have been so happy to see the growth, support and love this team has for one another.

Thank you for trusting us to lead the team this year. It has been an incredible experience and we will miss it dearly. We are so excited for the rest of the season and love you all so much.

DT4L!

Halle, Mia & Bella



THE SITTING ROOM

DESIGN + BOUTIQUE



CELEBRATING 20 YEARS IN BUSINESS

380 2ND STREET EXCELSIOR MN 55331 | 952.473.4440 | THESITTINGROOMSTUDIO.COM





Back : Gwen Franklin, Kayden Pelstring, Arianna Nevelskiy, Kylee Pierce, Ella Wander, Audrey Sonnek Middle: Anna Regan, Mallory Finn, Da'Laysha Intharath, Ainsley Lindberg Bottom: Halle Rollings, Bella Saferstein, Mia Tassani

VARSITY JAZZ

NAME	GR	# YEARS ON MDT
Mallory Finn	10	4
Gwen Franklin	12	5
Da'Laysha Intharath	12	1
Ainsley Lindberg	11	3
Ellie Maechler	9	2
Kensie Moeckel	9	2
Arianna Nevelskiy	10	1
Kayden Pelstring	9	2

		# YEARS
NAME	GR	ON MDT
Kylee Pierce	11	5
Anna Regan	11	3
Halle Rollings*	12	4
Bella Saferstein*	11	4
Audrey Sonnek	10	1
Mia Tassani*	12	2
Ella Wander	12	5

^{*}Team Captain



JV JAZZ

NAME	GR	ON MDT
Lydia Anderson	11	2
Maja Arnar	11	1
Julia Bonner	7	1
Gabi Frothinger	12	5
Amelie Grund	12	2
Megan Holzer*	11	2
Meredith King	11	2
Peony Miller	7	1

NAME	G R	ON MDT
Johrdan Oppegaard*	12	5
Ayla Pak	10	2
Isabelle Pavek	10	2
Evi Peters	11	1
Sophia Rowe	11	2
Makenna Seifert	9	2
Annie Sween*	12	3



Teagan Schneider, Annie Sween, Johrdan Oppegaard, Megan Holzer, Sophia Rowe

MDT Booster Club Members

FIREBIRD LEVEL

Mike Pietrowski in Memory of Layla Julien

Molly Tatting and Steve Gernes

The Finn Family

The Klous Family

The Miller Family

The Regan Family

Tassani Family

HIGH KICK LEVEL

The Lindberg Family
The Pelstring Family
Tara & Steve Wander

JAZZ LEVEL

The Moeckel Family
Chris & Lynnsey Oppegaard
Beth and Dan Rodich
The Seifert Family
The Sherburne Family







VARSITY KICK

NAME	GR	# YEARS ON MDT
Lydia Anderson	11	2
Maja Arnar	11	1
Mallory Finn	10	4
Gwen Franklin	12	5
Gabi Frothinger	12	5
Amelie Grund	12	2
Megan Holzer	11	2
Meredith King	11	2
Ainsley Lindberg	11	3
Ellie Maechler	9	2
Arianna Nevelskiy	10	1
Johrdan Oppegaard	12	5

NAME	GR	# YEARS ON MDT
Ayla Pak	10	2
Isabelle Pavek	10	2
Kayden Pelstring	9	2
Anna Regan	11	3
Halle Rollings*	12	4
Bella Saferstein*	11	4
Makenna Seifert	9	2
Cora Sherburne	10	1
Audrey Sonnek	10	1
Annie Sween	12	3
Ella Wander	12	5

*Team Captain



JV KICK

NAME	GR	ON MDT
Amelia Austad	8	1
Izzy Aydt	9	1
Julia Bonner	7	1
Fiona Chen	8	1
Madi Franklin	9	1
Lauren Gernes	10	1
Aubrey Klous	9	1
Greta Lunke	9	1

NAME	GR	ON MDT
Peony Miller	7	1
Evi Peters	11	1
Sari Rodich	10	1
Sophia Rowe*	11	2
Teagan Schneider*	11	2
Simone Yochum	8	1

^{*}Team Captain



(952) 474-4194

17660 HWY. 7 • MINNETONKA

Dr. Matt Lindberg • Dr. Kelly Benning
Dr. Morgan Bronson

villageanimalhospital.org

Proud Supporters of the MINNETONKA DANCE TEAM







B-SQUAD JAZZ

NAME	GR	# YEARS ON MDT
Amelia Austad	8	1
Izzy Aydt	9	1
Fiona Chen	8	1
Madi Franklin	9	1
Lauren Gernes	10	1

NAME	GR	# YEARS ON MDT
Aubrey Klous	9	1
Greta Lunke	9	1
Sari Rodich	10	1
Teagan Schneider	11	2
Simone Yochum	8	1



SENIOR SPOTLIGHT



Gabi Frothinger

Years on MDT: 5

My family: Parents Bill and Karen; sister Migi

Nickname(s): Gab, Gabisourus, Gabalicious

How I've changed since freshman year: I've learned how to take corrections through dance and apply them thoughtfully and correctly. I have also learned more technique and gained so much strength both mentally and physically. And finally, I've become more confident in dance and myself.

I will always remember: The time when the ceiling of the bus was covered in balloons and photos of every dancer were printed on every window. There were ribbons and paint everywhere. Great times!

Advice for younger dancers: Never give up on yourself, nothing is impossible You have to BELIEVE in yourself. It's all about having a positive mindset at the hardest times and working hard to accomplish your goals. The key is perseverance.

I first started dancing: Around 4-5 years old taking ballet classes.

To my parents: I am so grateful for your support of my dance career. Thank you for coming to my meets and for cheering and yelling my name when I walk onto the floor. I appreciate all that you have done for me these past 5 years. I love you!







SENIOR SPOTLIGHT

Amelie Grund

Years on MDT: 2

My Family: Parents: Bettina and Lance; brother Gavin

Nickname: Am

Pre-performance ritual: Hyping up my teammates in visualization circle. As well as having a pep talk with Kylee as I hand over my inhaler.

How I've changed since freshman year: I have gained confidence

I will always remember: My first time walking our into the gym to perform. There's no other feeling like it — the adrenaline, the excitement — and then the feeling like I have to pee.

Advice for younger dancers: Take it all in and bond with your teammates. They are like your family. Dance team goes by so fast and is over before you know it so cherish your time and soak in all the goodness.

One thing I can't live without: My friends. You make core memories with them and they help get you through the difficult times.

Plans after graduation: I'm still figuring that out. But, I will either be going to Dunwoody to get an associate degree in radiologic technology or to a 4-year college and majoring in psychology.

I first started dancing: In 9th grade at Just For Kix (JFK).

Favorite food: Anything sweet or empanadas, especially from Del Sur.

Favorite song: There are too many songs to choose from. But I love rap and honestly any genre of music!

To my parents: As I've gotten older you've always been there to offer encouragement, advice and support. You've helped shape me into the athlete and person I am today. I couldn't have made it through school and dance without you. The times when I've wanted to give up, you have pushed me through with your motivational talks. You've taught me that persistence pays off. I am forever grateful for all you have done for me. I love you endlessly.



Da'Laysha Intharath

Years on MDT: 1

My family: Parents: Ashley Hall, Eddie Intharath; siblings: Brody, Enzo, Kingston, Cam, Nova, Khalayah and Kehlani

Nickname: P

How have you changed since freshman year: I've become more confident in who I am and found my "people" (my best friends) who have made high school enjoyable. I've also gotten to what works for me and what doesn't and can push myself to be better.

I will always remember: The bus rides to and from meets and invitationals

One thing I can't live without: Cuties — one of my favorite things to snack on anytime of the day and during practice

Favorite food: Pho (especially when my dad makes it)

To my parents: Thank you for always being there and supporting me through my dance and school life. You are constantly encouraging me through the ups and downs, and I appreciate you more than you will ever know. Hove you!

minnetonkaschools.org/mdt-skipperettes







SENIOR SPOTLIGHT









SENIOR SPOTLIGHT





Babs Bailey

Years on MDT: 4

My family: Parents Carla and Kyle; Siblings KC, Libby, Kidd

Nickname(s): Babsie, BB

Pre-performance ritual: Handshake with Hal

I will always remember: Long practices and meet days with

many laughs and jokes

Advice for younger dancers: Enjoy your time on the team because it goes by fast. Make the most of every moment with

One thing I can't live without: My friend group

Favorite song: "Rich Flex" by Drake

To my parents: Thank you for encouraging me to be a part of this team 4 years ago. I appreciate and love you both so much!

Sari Rodich

As the season comes to an end and the applause has subsided, the memories of this year will stay with you forever.

It was a true joy to watch you and cannot wait for more seasons to come!

We love you! Mom, Dad and Talia





Amelie Grund

Our little graduate is in her senior year!

Amelie, you are so dedicated and fierce. We can't wait to see what passions you will be chasing next.

Love, Mom, Dad and Gavin



Annie Sween

I am so proud of your hard work and dedication to your team.

I love watching you shine! Love you, Mom



work so hard and have a great attitude. Keep following your DREAMS! Go Skipperettes!

Love, Mom, Dad and Carter



Sari Rodich

Let's "KICK" in 2023 with all that "JAZZ."

You make me proud!

Love you! Bubbie



Ainsley Lindberg

We love watching you dance.
Congratulations on a wonderful season.

Love, Mom, Dad, Emme and George



Makenna Seifert

From our tiny dancer to now as a Skipperette we have been so proud of you every step of the way. Keep on shining!

Love, Mom, Dad and Brody

Madi Franklin

Congratulations on your first year as a Skipperette!

We had so much fun watching you perform and grow.

We love you, Mom and Dad



Meredith King

We love watching you dance and we are so proud of you.

Well done and Go Skipperettes!

Love, Mom and Dad



Ellie Maechler

Our sweet little Fllie-chick!

You showed us long ago that dancers don't need wings to fly.

We love you! Mom, Dad, Lily, Lucy and Boji



Johrdan Oppegaard

We are so proud of our little dancer. You have brought us so much joy dancing throughout these years.

Enjoy these last special weeks with your team, we love you!

Mom, Dad, Cael and Carter



Halle Rollings

Working hard for something you love is called passion. We've loved watching you pursue your passion.

Love, Mom and Dad



Gwen Franklin

It has been so much fun watching you perform and grow as a dancer these past five years. We're so proud of you.

We love you, Mom and Dad



We are so proud of your dedication and passion for dance. We love watching you do what you love!



Love, Mom, Dad and Libby





Ella Wander

We have loved watching you dance through the years and are so proud of you.

Congratulations on 5 years as a Skipperette!

We love you, Mom, Dad, Anna, Gracie and Rosie



Peony Miller

Watching you dance with your team doing what you love brings us so much joy! We are so proud that you challenged yourself to "try new" this year and join the amazing Skipperettes!

Keep reaching for the stars Sweet P!

Love, Mom, Dad, Paisley and Pia

Aubrey Klous

What a whirlwind first season as a Skipperette! It's been so fun to watch you grow in doing what you love.

We love you! Your family





Mallory Finn

You have been a beautiful dancer since the age of three. We continue to be so proud of you! Love you Malibu! Mom, Dad, Colton and Margot



Teagan Schneider

You continue to make us proud year after year. You have had many obstacles to overcome this year but continue to impress us with your resilience, kind heart and positive attitude.

You are amazing, kiddo! We love you! Mom and Dad



Babs Bailey

Oh, sweet Babsy! We are so proud of you and your dedication to the team. Time flies but your memories are forever!!

Love, your biggest fans, Dad, Mom, KC, Libby and Kidd

Mia Tassani

We are so proud of you and can't wait to watch you dance for the Gophers!!



Love, Mom, Dad, Kelsey, Alexa, and Jeffrey





Kayden Pelstring

Another year shining at what you love most!
We love you and are so very proud!
Mom, Dad,
Owen and
Gavin



Kensie Moeckle

We are so proud of all your hard work and dedication.

Go Skipperettes!

We love you, Mom and Dad

Cora Sherburne

We are so proud of you. We love watching you dance, such amazing energy and great facials. Go MDT!

LYTTMAB < 3!!

Love, Your Family



Wait, there's a game tonight?

Don't be left in the dark.

Follow **** @TonkaSkippers** for schedule changes, news, scores and more.

In your home or on the go, you'll always be in-the-know with @TonkaSkippers!



SCAN HERE!





IN MEMORIAM

layla Jones Julien

6/17/04 - 12/13/22

Layla Julien passed away on Dec. 12 after a 16-month battle with brain cancer. Throughout her treatments, she remained courageous and positive – a true inspiration to all who knew her.

A 2022 graduate of MHS, Layla was a dedicated member of the Skipperettes performance and competition dance teams. Most recently, she was enjoying her freshman year at the University of St. Thomas.

Layla brought light into every room she entered with her smile, sense of humor, kindness, and inclusion of others.





Proud to provide orthopedic and sports medicine services to:

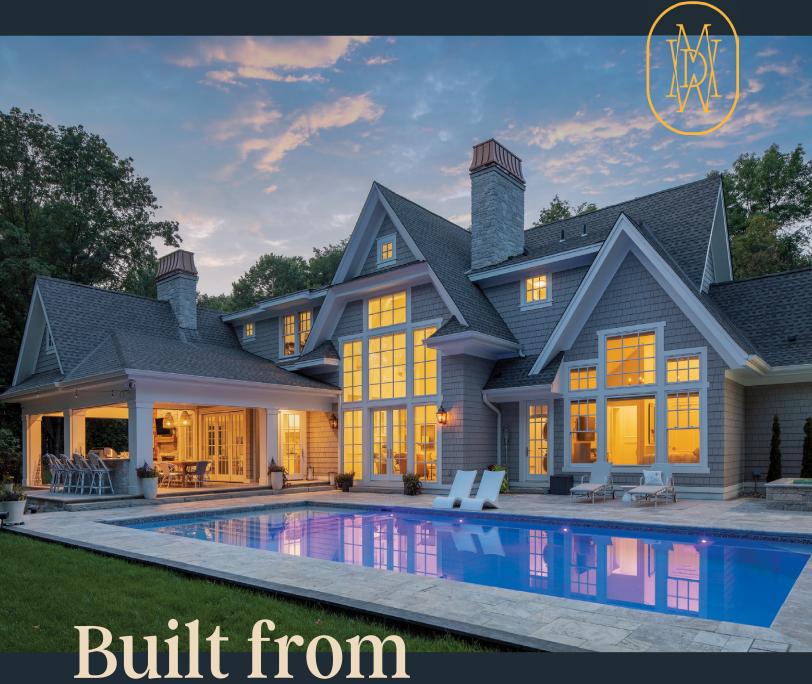
Minnetonka High School

Schedule a consult
AllinaHealth.org/Ortho

Allina Health
ORTHOPEDICS







Built from the dream up.



mdwilliamshomes.com

@markdwilliams_customhomes

Excelsior, Minnesota



in collaboration with



Minnetonka High School Class of 2023



MHS A