

August 2017

Dear Parent(s)/Guardian(s)

Hello, my name is Mary Callahan and I am the ADHD Learning Lab Coordinator at Minnetonka Middle School West. If your child has an ADHD diagnosis filed with the MMW health office or at your child's elementary school health office, Minnetonka Middle School West offers a Learning Lab to students with ADHD. This lab is funded through a LCTS grant and district funds. The Learning Lab meets before and after school. Typically, students attend the learning lab 2 days a week for one hour.

Students will gain understanding of ADHD, learn strategies to help them manage their ADHD and implement those strategies at the learning lab. Students routinely check Skyward and Schoology for their missing assignments and use lab for work completion and organization. Education about ADHD is fundamental to the program. Topics such as Organization, Time Management, Self-Awareness, Motivation, Goal Setting, Personal Learning Plan and Personal Advocacy are discussed and reinforced.

In previous years the following outcomes have been reached with students attending lab:

- students gained in their understanding of ADHD and identified specific ways that ADHD affects them
- students improve their ability to self-advocate to teachers and missing assignments decrease
- students share the number one reason they attend lab is to complete assignments

While we are intentional to help students feel comfortable in lab, students that are successful in this program have the ability to work somewhat independently with re-direction, are flexible and have work to complete or study habits to improve on.

Please complete and return the registration form on the MMW School website before August 15, if you are interested in your child attending the Learning Lab. The form is under Support Services/Guidance. You will receive information by the first week in September regarding the Learning Lab starting date and your child's assigned session. Lab will start sometime around the 2nd week of school. Parent education opportunities are being planned for the fall.

If you have any questions, please do not hesitate to contact Mary Callahan, Learning Lab Coordinator at mary.callahan@minnetonkaschools.org

Learning Lab Registration forms can be found at:

<http://www.minnetonkaschools.org/schools/middle-schools/mmw/parents/learning-lab>

Fax 952-401-5350

Thank you,

Mary Callahan
ADHD Learning Lab Coordinator